

# BS1P General Purpose 100% Wildflower Seed Mix



BS1P contains twenty two native British wildflower species, consisting of mainly perennial species and a handful of annual and biennial species to create a permanent area of pure wildflowers.

The species included in this mixture create an attractive display from May to October and is suitable for creating habitats across a diverse range of soil types. It is ideal for use in areas containing a range of micro climates or where there are no particular conditions to overcome.

BS1P supports bees, butterflies and other pollinators as it contains 75% of species recommended by the Royal Horticultural Society (RHS) as 'Perfect for Pollinators'.



## Mixture Contents:

Common Name	Latin Name	Quantity	Flowers	Height	Type
1 Bedstraw, Lady's	Galium verum	6%	Jun - Sep	50 - 80cm	Perennial
2 Black Medick	Medicago lupulina	7%	May - Oct	15 - 80cm	Annual
3 Burnet, Salad	Sanguisorba minor	8%	Jun - Sep	15 - 50cm	Perennial
4 Buttercup, Meadow	Ranunculus acris	6%	May - Jun	30 - 100cm	Perennial
5 Champion, Red	Silene dioica	6%	Apr - Sep	60 - 90cm	Perennial
6 Champion, White	Silene alba	5%	May - Oct	50 - 100cm	Perennial
7 Carrot, Wild	Daucus carota	4%	Jun - Oct	30 - 100cm	Perennial
8 Catchfly, Night-Flowering	Silene noctiflora	5%	Jun - Aug	20 - 100cm	Annual
9 Clary, Wild	Salvia verbenaca	5%	May - Aug	30 - 40cm	Perennial
10 Cowslip	Primula veris	1%	Apr - May	15 - 30cm	Perennial
11 Daisy, Ox-eye	Leucanthemum vulgare	3%	May - Sep	20 - 100cm	Perennial
12 Forget-me-not, Field	Myosotis arvensis	4%	May - Jul	20 - 40cm	Annual
13 Foxglove, Wild	Digitalis purpurea	4%	Jun - Aug	50 - 100cm	Biennial
14 Goat's-beard	Tragopogon pratensis	4%	Jun - Sep	20 - 60cm	Biennial
15 Knapweed, Common	Centaurea nigra	6%	Jun - Sep	30 - 80cm	Perennial
16 Knapweed, Greater	Centaurea scabiosa	4%	Jun - Sep	50 - 90cm	Perennial
17 Musk Mallow	Malva moschata	3%	May - Sep	20 - 150cm	Perennial
18 Self-heal	Prunella vulgaris	5%	Jun - Sep	15 - 30cm	Perennial
19 Sorrel, Common	Rumex acetosa	5%	May - Jul	30 - 100cm	Perennial
20 St John's-wort, Common	Hypericum perforatum	2%	Jun - Sep	30 - 90cm	Perennial
21 Yarrow	Achillea millefolium	2%	Jun - Oct	20 - 100cm	Perennial
22 Yellow Rattle	Rhinanthus minor	3.5%	Jun - Sep	20 - 50cm	Annual

## Contains:



**Sowing Rate: 3g/sqm**

For information on this or any other mixtures in the Boston Seeds range, contact us on 01205 280 069 or email [info@bostonseeds.co.uk](mailto:info@bostonseeds.co.uk)

Wildflower seed in Boston Seeds mixtures is of UK native origin.

The definition of UK native seed provided by Natural England is: *British native-origin seed refers to seed originally collected from wild populations in Great Britain (from sites with no known history of sowing of amenity or agricultural varieties) and either sown directly, or grown on as a field crop to provide further seed. It includes seed collected in 'green hay'. It excludes certified amenity or agricultural varieties of native species.*

Boston Seeds UK native wildflower seed is sourced in two ways:

- 1) Seed collections from the wild which are field sown or sown in modules before being field planted as spaced plants. These are then harvested and cleaned to increase seed germination, vigour and purity.
- 2) Meadow collections are taken with owner permission or under license if the meadow is within a registered area. These seeds are then processed to remove excessive admixture and graded so they can be used in measurable amounts in prescribed mixtures.

Contents of wildflower mixtures will vary according to seed and species availability



## Prepare the Ground

BS1P General Purpose Wildflower Seed Mix performs best in low nutrient soils, which haven't been heavily fertilised in the past. For best results sow into bare soil after clearing all existing plants and weeds from the area.

Cultivate the ground to a depth of 10cm to relieve compaction and create a fine level tilth, free from obstructions (to allow for mowing at a later stage). Finish the seedbed by treading or lightly rolling the area, so that it is firm enough to stand on without leaving indentations.

Where weeds have been prevalent, allow a flush of weeds to germinate and remove these before sowing. In areas of high fertility, it may be necessary to remove the topsoil and sow into the subsoil. High nutrient soils encourage weeds and fast growing grasses which may outcompete the wildflowers in this mixture.

BS1P can be used to overseed into existing grassland, provided the sward comprises only fine leaved grasses and does not include ryegrass, agricultural species or weeds. Cut the grass as short as possible and thoroughly scarify or rake the ground to remove any thatch, moss and other debris from the area.

## Sowing

BS1P should be sown between March and November. Spring and autumn provide ideal conditions as moisture and warmth are in good supply. If overseeding into grass, it is best to sow during autumn when grass growth has slowed down.

Distribute seed with a handheld or pedestrian spreader, at the recommended sowing rate of 3g/sqm. Mix the wildflower seeds with an inert carrier (such as sharp sand), at a ratio of four parts sand to one part seed (by weight). This makes it easier to achieve an even distribution and also provides a visual marker, making it easier to see any missed patches and avoid seeding areas twice.

Regularly mix the seed when sowing, as seeds will naturally separate due to variations in size and weight.

Once sown, ensure good 'seed to soil' contact by lightly raking to a depth of 0.5cm or rolling the area. When overseeding this encourages the seeds to fall down to the ground underneath.

It is also possible to broadcast, drill or hydroseed this mixture for larger or hard to reach areas. However, broadcast spreading throws heavier seeds further so this may impact the distribution and when drilling, the seed must not be buried deeper than 0.7cm.

## Sowing Rate

The sowing rate of 3g/sqm is designed to produce optimum results. Reducing the sowing rate is likely to result in invasion from weed species. Increasing the sowing rate generally leads to reduced diversity as the more aggressive species will outcompete slower growing plants.

This rate also applies when overseeding into grassland as many seeds may fail to germinate due to the increased competition from the existing grasses, and some seeds not reaching the soil surface.

## Maintenance First Year

BS1P contains mainly perennial species, which can be slow to establish and are unlikely to flower in the first year. Annual species such as Black Medic, Forget-Me-Not and Night Flowering Catchfly will generally flower in year one.

During the first year remove any weeds which grow before they run to seed, either by topping, mowing or by hand for smaller areas. Weed growth is common due to the action of disturbing the ground (rather than being caused by contaminated seed mixtures).

The area can be cut once the flowers have died back in the autumn. We recommend leaving the area undisturbed for as long as possible, ideally until February / March (before the first spring growth). The dead flowers and stems provide a diverse environment which is a haven for wildlife through the winter months. In particular, it provides habitat for butterflies such as the Red Admiral and the Clouded Yellow which remain in their chrysalis during the winter months.

Cut the area down to around 10cm using a scythe, strimmer or mower, leaving the cuttings for up to a week before removing. This will allow them to dry and shed seeds back into the soil.

## Second Year

After twelve months the sward should be well established and requires little additional maintenance. Simply follow the same annual cut pattern (either in spring or autumn depending on your preference).

As an ongoing process, observe and remove any weeds which invade the area.

Over time, some species within the mixture may become more dominant due to environmental factors and natural selection. To encourage diversity, simply reduce the number of dominant plants in order to restore the balance.

## Overseeding

If overseeding into grassland, we recommend incorporating at least two 10cm cuts each year; at the beginning of March and November. This reduces the grass canopy, allowing light and air to reach the wildflowers and encourage growth. Where aggressive grasses are dominating, it may be necessary to employ a more regular cutting regime to ensure the wildflowers are not smothered.



As members of Flora Locale, Boston Seeds follows a strict code of practice to ensure wildflower seed is of UK native origin and is harvested and grown responsibly to aid conservation and help protect native UK wild plants.



In BS1P 75% of the wildflower species included are recognised by the Royal Horticultural Society as supporting many of the 1500 species of pollinating insects across the UK.